

Sustainability & Climate Change Heats

Week 1

Heat Name	Date	Time
1A	Tuesday 6th April	09:00 BST
2A	Tuesday 6th April	14:00 BST
3A	Tuesday 6th April	19:00 BST
5A	Thursday 8th April	09:00 BST
6A	Thursday 8th April	14:00 BST
7A	Thursday 8th April	19:00 BST
9A	Saturday 10th April	08:00 BST
11A	Saturday 10th April	17:00 BST

Week 2

Heat Name	Date	Time
12A	Tuesday 27th April	09:00 BST
13A	Tuesday 27th April	14:00 BST
14A	Tuesday 27th April	19:00 BST
16A	Thursday 29th April	09:00 BST
17A	Thursday 29th April	14:00 BST
20A	Saturday 1st May	08:00 BST
21A	Saturday 1st May	12:00 BST
22A	Saturday 1st May	17:00 BST

Week 3

Heat Name	Date	Time
23A	Tuesday 18th May	09:00 BST
24A	Tuesday 18th May	14:00 BST
25A	Tuesday 18th May	19:00 BST
27A	Thursday 20th May	09:00 BST
28A	Thursday 20th May	14:00 BST
29A	Thursday 20th May	19:00 BST
31A	Saturday 22nd May	08:00 BST

Digital Futures Heats

Week 1

Heat Name	Date	Time
1B	Tuesday 13th April	09:00 BST
3B	Tuesday 13th April	19:00 BST
5B	Thursday 15th April	09:00 BST
7B	Thursday 15th April	19:00 BST
9B	Saturday 17th April	08:00 BST
10B	Saturday 17th April	12:00 BST
11B	Saturday 17th April	17:00 BST

Week 2

Heat Name	Date	Time
12B	Tuesday 4th May	09:00 BST
13B	Tuesday 4th May	14:00 BST
16B	Thursday 6th May	09:00 BST
17B	Thursday 6th May	14:00 BST
18B	Thursday 6th May	19:00 BST
22B	Saturday 8th May	17:00 BST

Week 3

Heat Name	Date	Time
23B	Tuesday 25th May	09:00 BST
24B	Tuesday 25th May	14:00 BST
25B	Tuesday 25th May	19:00 BST
27B	Thursday 27th May	09:00 BST
29B	Thursday 27th May	19:00 BST
33B	Saturday 29th May	17:00 BST

Healthy Lives Heats

Week 1

Heat Name	Date	Time
1C	Tuesday 20th April	09:00 BST
2C	Tuesday 20th April	14:00 BST
3C	Tuesday 20th April	19:00 BST
5C	Thursday 22nd April	09:00 BST
6C	Thursday 22nd April	14:00 BST
7C	Thursday 22nd April	19:00 BST
9C	Saturday 24th April	08:00 BST
10C	Saturday 24th April	12:00 BST
11C	Saturday 24th April	17:00 BST

Week 2

Heat Name	Date	Time
12C	Tuesday 11th May	09:00 BST
13C	Tuesday 11th May	14:00 BST
14C	Tuesday 11th May	19:00 BST
16C	Thursday 13th May	09:00 BST
17C	Thursday 13th May	14:00 BST
18C	Thursday 13th May	19:00 BST
20C	Saturday 15th May	08:00 BST

Week 3

Heat Name	Date	Time
23C	Tuesday 1st June	09:00 BST
24C	Tuesday 1st June	14:00 BST
25C	Tuesday 1st June	19:00 BST
27C	Thursday 3rd June	09:00 BST
28C	Thursday 3rd June	14:00 BST
29C	Thursday 3rd June	19:00 BST
32C	Saturday 5th June	12:00 BST