Mentor Training - The key skills
3.5 hour course

Course overview
With increased pressure in our professional lives the use of mentoring has become widespread and mentors are now regarded as one of the most important sources of support and advice. This three and a half hour course aims to explore what is meant by the term mentoring and develop the key skills required to become an effective mentor.

Who should attend?
This course is suitable for anyone new to Mentoring, or if you are looking to refresh your skills.

Topics covered
- What is mentoring
- Differences between mentoring and coaching
- Key skills of a mentor
- The stages of a mentoring process
- Communication skills

Course Objectives
- Analyse your current mentoring skills by using the competencies of a mentor questionnaire
- Accurately identify the three stages of the mentoring process by the end of the session

Related courses
- Communication Excellence.
- CMI Level 5 Diploma in Management and Leadership for Chartered engineers.
- CMI Level 5 Diploma in Management and Leadership for Incorporated engineers.